

# TEAM Meal Menu - Autumn Term 2023



	<b>Week 1:</b> 4/9, 25/9, 16/10, 13/11, 4/12	<b>Week 2:</b> 11/9, 2/10, 30/10, 20/11, 11/12	<b>Week 3:</b> 18/9, 9/10, 6/11, 27/11
<b>Monday</b>	<b>Cheese &amp; tomato pizza</b> V – Vegetarian sausage roll Hash browns & seasonal veg Fruit & yogurt	<b>Burger in a bun</b> V – Veg burger in a bun Crispy potatoes & seasonal vegetables Fruit & yogurt	<b>Hot dogs</b> V – Vegetarian hot dogs Crispy potatoes & seasonal vegetables Fruit & yogurt
<b>Tuesday</b>	<b>Meatballs with pasta</b> V – Vegetarian meatballs with pasta Seasonal veg Pancakes with fruit coulis	<b>Beef lasagne</b> V – Macaroni cheese Garlic bread & seasonal veg Fruit mousse	<b>Spaghetti Bolognese</b> V – Vegetable bolognese Garlic bread & seasonal veg Jam tart
<b>Wednesday</b>	<b>Roast of the day – Beef &amp; yorkshire pudding</b> V – Quorn fillet Roast potatoes & seasonal veg Fruit and ice cream	<b>Roast of the day - Chicken</b> V – Vegetarian roast Roast potatoes & seasonal veg Fruit and ice cream	<b>Roast of The Day - Gammon</b> V – Baked homity pie Roast potatoes & seasonal veg Fruit and ice cream
<b>Thursday</b>	<b>Chicken in a wrap</b> V – Cheese salad wrap Crispy potatoes & seasonal vegetables Sticky toffee pudding	<b>West country sausages</b> V – Vegetarian sausage Mashed potato, seasonal vegetables Fruit crumble and custard	<b>Hunters chicken</b> V – Cheese & bean wrap Rice & seasonal vegetables Autumn sponge made with fruit from the school garden
<b>Friday</b>	<b>Oven baked fish</b> V – Vegetable slice Golden fries & seasonal vegetables Homemade cookie	<b>Fish Fingers</b> V – Cheese wheels Golden fries & seasonal veg Vanilla shortbread	<b>Salmon or cod fish cakes</b> V – Vegetarian nuggets Golden fries & seasonal veg Flapjack