

# High Bickington Meal Menu - Spring Term 2021

|                  | <b>Week 1:</b><br>4/1, 1/2, 8/3.   | <b>Week 2:</b><br>11/1, 8/2, 15/3.  | <b>Week 3:</b><br>18/1, 22/2, 22/3   | <b>Week 4:</b><br>25/1, 1/3, 29/3  |
|------------------|--|---|--|--|
| <b>Monday</b>    | Pasta Bolognese<br>Mixed Vegetables<br>Meringue nest and Fruit                       | Beef Lasagne<br>Crusty Bread, Peas & Carrots<br>Peach melba               | Beef Burger in a Bap<br>Potato wedges, peas & sweetcorn<br>Apple Cake with Custard | Meat balls in tomato sauce<br>Pasta & Seasonal Veg<br>Tinned fruit and ice-cream |
| <b>Tuesday</b>   | Cheese Wheels<br>Potato waffles & Seasonal Veg<br>Chocolate cake and chocolate sauce | Pork Sausages<br>Creamed Potato & Seasonal Veg<br>Lemon Drizzle & Custard | Cheese & Tomato Pizza<br>Hash brown & Vegetables<br>Iced fruit smoothie            | Sausage Rolls<br>Creamed Potatoes & Seasonal Veg<br>Fruit Crumble with custard   |
| <b>Wednesday</b> | Roast Gammon<br>Roast Potatoes & Seasonal Veg<br>Fruit Platter                       | Roast Chicken<br>Roast Potatoes & Seasonal Veg<br>Fruit Platter           | Roast Pork<br>Roast Potatoes & Seasonal Veg<br>Fruit Platter                       | Roast Turkey<br>Roast Potatoes & Seasonal Veg<br>Fruit Platter                   |
| <b>Thursday</b>  | Hunters chicken<br>Rice & Seasonal Vegetables<br>Fruit Jelly & Ice-cream             | Chicken Pasta Bake<br>Seasonal Veg<br>Flapjack                            | Mild Sweet Turkey Curry<br>Rice and Mixed Vegetables<br>Sticky Chocolate Slice     | Macaroni Cheese<br>Seasonal Vegetables<br>Iced sponge                            |
| <b>Friday</b>    | Oven Baked Fish<br>Golden Fries & Seasonal Vegetables<br>Chocolate Date Cookies      | Fish Bites<br>Golden Fries & Seasonal Vegetables<br>Chocolate cracknel    | Salmon Fish Cakes<br>Golden Fries & Seasonal Veg<br>Custard Biscuit                | Fish Fingers<br>Golden Fries, Peas & Carrots<br>Shortbread biscuit               |